

May 15, 2026

Job Opening

Ikigai Coordinator (Independent Contractor)

Nikkei Seniors Health care & Housing Society (hereinafter referred to as “the society”) is seeking an “Ikigai Coordinator” for its Activities, Outreach, and Volunteer Department.

“Ikigai” is a Japanese concept meaning “purpose in life” or “reason for living.” It represents the intersection of four elements: “what you love,” “what you are good at,” “what the world needs,” and “what can be monetized.” Finding one’s “ikigai” leads to a life filled with meaning, purpose, and joy. Research in Japan has yielded valuable insights into the relationship between ikigai and indicators of mental, physical, and social health. Specifically, it has been shown that having ikigai leads to a reduction in depressive symptoms, a lower risk of all-cause mortality, and promotes longevity. The society offers the “Ikigai Program,” which supports residents of the Nikkei Home and Shin-Sakura-so, as well as members of the local community, in finding their own ikigai. The program places particular emphasis on elder adults with years of experience and knowledge using their personal interests and hobbies—such as knitting, baking, and gardening—to support members of the local community, thereby giving back to others and fostering mutual support. Elder adults earn points through their “Ikigai” activities and can use those points to purchase materials for their “Ikigai” pursuits.

We are seeking a coordinator for this program.

Would you like to help build, plan, and evaluate a program that enables individuals to realize their personal “passions,” encourages seniors to actively participate in daily life and embrace their lives, promotes “searching for purpose in the local community,” and supports the lifelong development of seniors?

Details are provided below. We look forward to receiving your applications.

Position: Ikigai Coordinator

Number of Openings: 1

Job Description: Manage the “Ikigai” as a project using the PDCA cycle (Plan, Do, Check, Action). Develop initiatives to foster a sense of purpose among older adults living in the local community and promote the creation and maintenance of a system that enables elder adults to continue implementing these initiatives on their own even after the project concludes.

Employment Type:

- Employment Status: **Independent Contractor**
- Fixed-term Contract: New Horizons Grant contract period:

March 15, 2026 – September 15, 2026

Scheduled Working Hours: 4.5 hours/week

Workdays: Every Wednesday, 9:30 AM – 2:00 PM (4.5 hours)

Compensation: \$2,300 for 24 weeks

Eligibility Requirements:

- Available to work during the contract period specified by the association: March 15, 2026 – September 14, 2026

Your visa must be valid for the entire period at the time of application

- Canadian citizens, permanent residents, or individuals with a valid work permit

Not eligible for visa sponsorship

- Working language: English
- Target audience language: Japanese; preference given to those who can communicate in Japanese

How to Apply:

Send your resume/CV , Cover letter to nhactivities@nikkeishc.com

~ We look forward to receiving your applications ~