



Nikkei Seniors  
Health Care &  
Housing Society

健康で長生き “Kenko de nagaiki”  
*Living, laughing, and aging gracefully*

**July 5th, 2024**

Dear Residents and Families,

### **Heat Wave Preparedness Level 1 - Starts now.**

As the summer heat increases and over this weekend, we are implemented Heat Preparedness Level 1 to ensure our residents and staff's comfort and safety. We sent out Heat Tips for Burnaby Seniors to the residents to help them cope with the hot days ahead. Key measures include:

- Encouraging hydration: Residents are reminded to drink plenty of water throughout the day.
- Cool zones: Designated areas with air conditioning are available for residents to relax and stay cool, including KWL, Activity rooms, and dining rooms.
- Monitoring: Staff will regularly check on residents to ensure they are comfortable and hydrated. The care team will do temperature checks twice a day throughout the building.

### **Masking Policy**

With our covid/influenza cases subsiding, masking is now optional at the Nimi Nikkei Home. Residents, family members, Volunteers, contractors, and staff can choose whether or not to wear masks based on their comfort and health needs. We prioritize a safe and healthy environment for everyone and support those who wear masks.

### **Summer BBQ Lunches and Powell Street Festival Event**

We just completed our first of four summer BBQ events this past Wednesday, for our seniors are excited to announce the remaining dates for our summer BBQs! Join us for delicious Hot Dogs or Hamburgers on the following dates:

- **Thursday, July 18th at 11:30 am Hamburger BBQ**
- **Wednesday, July 31st at 11:30 am Hot Dog BBQ**
- **Friday, Aug 16th at 11:30am Hamburger BBQ**

Both staff and residents are invited to enjoy these festive gatherings.

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August 4th—We are attending the Powell Street Festival and performing our Nikkei Taiso and Radio Taiso on the main stage. We will be transporting residents to and from the festival, and space is limited, so sign up with Miyu Gagnon, our Outreach Leader at Kenko Lounge.

### **Marlene's Retirement Party**

We want to announce the retirement of Marlene Davidson, Resident Service Manager, an invaluable member of our organization. Her dedication and hard work over the last 21 months have left a lasting impact on all of us, and we sincerely appreciate her contributions. We celebrate Marlene's retirement with a special Tea Party on **July 16th at 2 pm**. Please join us in honouring her dedication and service.

We look forward to seeing you there!

For any questions or further information, please feel free to contact me.

With gratitude and appreciation,

Jay Haraga  
Executive Director