

Spots available for Monday's Lively Lively Program

Would you or your loved one like to join a dementia friendly day program at Kenko Wellness Lounge, Robert Nimi Nikkei Home in Burnaby?

This program is designed for those who wish to have a moderate paced program in a fun and lively social setting.

Summer 2018

Date: July 9 to Aug 20 (Except; Aug 6 BC day)

Time: 9:30-3:00 Cost: \$120 for series

Address: 6680 Southoaks Crescent, Bby

Typical schedule: Welcome, Exercise, Art table, Lunch prep, Yoga with Jazz, and activities.



Who benefits?

- Those who love easy slow pace program!
- Those with an early stage of dementia.
- Those who enjoy Japanese culture.



Requirements:

- Desire to join a social program and enjoys Japanese food.
- Managing bathroom.
- Participants arrives on own if able OR by family member/Handydart

If you need more information about IKIKI program, contact ywatase@nikkeiplace.org by July 5 2018.