








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1) 10:00 Chair Workouts 10:30 Crafts 1:15 Walking Club 4:30 Art Table 1:30 Bilingual Movie 2:00 Mahjong</p>	<p>2) 10:00 Chair Workouts 11:00 Tea &amp; Chat (English)  1:30 Karaoke 3:15 Minyo-Japanese Dancing</p>	<p>3) 10:00 Wii bowling 11:00 Weight Training  6:15 Movie Night</p>
<p>4) </p>	<p>5) 9:15 Nikkei Home Store 10:00 / 11:00 Exercise 10:00 Crib 1:15 Walking Club 1:30 Knitting 2:00 Bocce Ball 2:30 <u>Chinese New Year dance demonstration</u></p>	<p>6) 10:00 Chairbics 10:00 Wii Bowling 10:45 Tea &amp; Chat (Japanese) 1:30 Bingo</p>	<p>7) 10:00 Exercise 10:30 Anglican Church Service 11:00 Exercise 1:00 Card Game 1:00 Scrabble 1:30 Gospel Church Prayer Meeting</p>	<p>8) 10:00 Chair Workouts 10:00 Gospel Church "Bible &amp; Tea Time" 10:30 Crafts 1:15 Walking Club 1:30 Art Table 1:30 Bilingual Movie 2:00 Mahjong 4:30 Pet visit</p>	<p>9) 10:00 Chair Workouts 11:00 Tea &amp; Chat (English) <u>11:30 Lunch out to Chinese Dim Sum restaurant</u> 1:30 Karaoke 2:00 Flower Arrangement?</p>	<p>10) 10:00 Wii bowling 11:00 Weight Training  6:15 Bingo</p>
<p>11) </p>	<p>12) <b>Family Day</b>  <b>FAMILY DAY</b> <u>No Programs</u></p>	<p>13) 10:00 Chairbics 10:00 Wii Bowling 10:45 Tea &amp; Chat (Japanese) 1:30 Bingo</p>	<p>14) <b>Happy Valentine's Day!</b>  10:00 Exercise 11:00 Exercise 1:00 Card Game 1:00 Scrabble 2:00 Sing-a-long (Japanese)</p>	<p>15) 10:00 Chair Workouts 10:30 Crafts 10:30 Library book delivery 1:15 Walking Club 1:30 Bilingual Movie 1:30 Art Table 2:00 Mahjong</p>	<p>16) <b>Happy Chinese New Year!</b> 10:00 Chair Workouts 12:00 Cook &amp; Chat (English)? 1:30 Karaoke <del>2:00 Sing-a-long (English)</del> 3:15 Minyo-Japanese Dancing </p>	<p>17) 10:00 Wii bowling 11:00 Weight Training  6:15 Movie Night</p>
<p>18) 2:30 United Church Service</p>	<p>19) 9:15 Nikkei Home Store 10:00 / 11:00 Exercise 10:00 Crib 1:15 Walking Club 1:30 Knitting 2:00 Hockey Game</p>	<p>20) 10:00 Chairbics 10:00 Wii Bowling 10:45 Tea &amp; Chat (Japanese) 1:30 Bingo</p>	<p>21) 10:00 Exercise 11:00 Exercise 11:00 Buddhist Service 1:00 Card Game 1:00 Scrabble 1:30 Gospel Church Prayer Meeting <u>2:30 Food Tasting</u></p>	<p>22) 10:00 Chair Workouts 10:30 Craft 1:15 Walking Club 1:30 Art Table 1:30 Bilingual Movie 2:00 Mahjong 4:30 Pet visit</p>	<p>23) 10:00 Chair Workouts 11:00 Tea &amp; Chat (English)  2:00 Birthday Party </p>	<p>24) 10:00 Wii bowling 11:00 Weight Training  6:15 Bingo</p>
<p>25) 2:00 Gospel Church Service</p>	<p>26) 9:15 Nikkei Home Store 10:00 / 11:00 Exercise 10:00 Crib 1:15 Walking Club 1:30 Knitting 2:00 Bocce Ball</p>	<p>27) 10:00 Chairbics 10:00 Wii Bowling 10:45 Tea &amp; Chat (Japanese) 1:30 Bingo</p>	<p>28) 10:00 Exercise 11:00 Exercise 1:00 Card Game 1:00 Scrabble 2:00 Sing-a-long (Japanese)</p>	